

Irvine Family Resource Center and IUSD Prevention and Intervention Presents



Active Parenting of Teens

Join us and get the information, strategies, support and skills you need to parent effectively during the pre-teen and teen years

Being a parent today seems more difficult than ever before, with kids and families facing social and family issues that are far different than in the past. **Active Parenting of Teens** is a highly acclaimed, award-winning **workshop** for parents and others. It will help you gain the knowledge and skills needed to provide positive effective parenting with **pre-teens and teens**.

- Instill courage and self-esteem
- Deal with negativity and anger
- Develop responsibility at school and in life
- Win cooperation – reduce power struggles
- Increase positive communication
- Learn to problem solve – not punish
- Help your pre-teen and teen feel capable and competent

THURSDAY EVENINGS 6:30 pm to 8:30 pm – 6 Weeks

Fall session starts October 19, 2017

Winter session starts January 25, 2018

Spring session starts April 19, 2018

Led by Cheri Wood, IUSD Prevention and Intervention, Certified AP Trainer

Classes meet in Guidance Resources Conference Room N21–

Creekside Education Center, corner of Barranca and Harvard

Cost: \$70 per person/\$85 couples for 6 weeks

(Some scholarships available – sorry no childcare)

Please call to register: Tracy Larson at 949-936-7501