

**Irvine Family Resource Center and  
IUSD Prevention and Intervention Presents**



# Active Parenting Now

## Positive Parenting for Children Ages 2 to 12

Being a parent today often seems more difficult than ever before. Kids and families face social and emotional pressures far different from those in the past. Positive parenting skills and healthy family communication are more important than ever. This class is a really great way to get the skills we all need to raise strong children. **If you have children from 2 to 12 years of age**, give yourself the gift of this award-winning, **6 week** skills workshop. You will gain confidence in your role as a parent, improve relationships, problem-solve challenges and help your kids succeed in school and in life.

Don't miss this great opportunity.

***Teach crucial life skills • Use effective alternatives to punishment  
Eliminate power struggles • Increase positive communication  
Help kids develop responsibility, self-discipline and resiliency.***

Led by Cheri Wood, certified Active Parenting Trainer

**Wednesday Evenings 6:30pm – 8:30 pm**

**6 week classes**

**Fall - starts October 18, 2017**

**Winter – starts January 24, 2018**

**Spring – starts April 18, 2018**

***Classes meet at the Prevention and Intervention (formerly Guidance Resources)  
Conference Room (N21) at the Creekside Education Center on Harvard and Barranca***

**Cost \$70 per person/\$85 for couples**

Some scholarships available

**You must register ahead-Call Tracy Larson 949-936-7501**