

*Irvine Family Resource Center and IUSD Prevention and Intervention Presents*



# Active Parenting of Teens

*Join us and get the information, strategies, support and skills you need to parent effectively during the pre-teen and teen years*

Being a parent today seems more difficult than ever before, with kids and families facing social and family issues that are far different than in the past. **Active Parenting of Teens** is a highly acclaimed, award-winning **workshop** for parents and others. It will help you gain the knowledge and skills needed to provide positive effective parenting with **pre-teens and teens**.

- Instill courage and self-esteem
- Deal with negativity and anger
- Develop responsibility at school and in life
- Win cooperation – reduce power struggles
- Increase positive communication
- Learn to problem solve – not punish
- Help your pre-teen and teen feel capable and competent

## **THURSDAY EVENINGS 6:30 pm to 8:30 pm – 6 Weeks**

*Fall session starts October 19, 2017*

*Winter session starts January 25, 2018*

*Spring session starts April 19, 2018*

*Led by Cheri Wood, IUSD Prevention and Intervention, Certified AP Trainer*

**Classes meet in Guidance Resources Conference Room N21–**

**Creekside Education Center, corner of Barranca and Harvard**

**Cost: \$70 per person/\$85 couples for 6 weeks**

(Some scholarships available – sorry no childcare)

**Please call to register: Tracy Larson at 949-936-7501**