

# Parent Workshops

2017-2018



September 7<sup>th</sup>  
Effective Communication

October 12<sup>th</sup>  
Bullying Prevention & Intervention

November 9<sup>th</sup>  
Grieving Process & Coping Skills

December 7<sup>th</sup>  
Healthy Coping

January 11<sup>th</sup>  
Mindful Meditation

February 8<sup>th</sup>  
Using Rewards & Consequences

March 8<sup>th</sup>  
Parenting in Today's Society

April 12<sup>th</sup>  
Quality Time Counts

May 10<sup>th</sup>  
Conflict Resolution

All workshops will be held twice a day.

8:30 AM in Villa 7

5:30 PM in the MPR

**STONEGATE  
ELEMENTARY  
HAWKS**

**WYS** WESTERN  
YOUTH SERVICES

*Funded by the Orange County Health Care Agency, Behavioral Health Services, Prevention and Intervention, Mental Health Services Act/Prop 63*



**EachMind  
MATTERS**  
California's Mental Health Movement