



# Affordable Student and Family Counseling Services

FREE CONSULTATIONS and ONGOING COUNSELING with licensed mental health counselors for IUSD students and families. No one turned away for lack of funds.

# Parent Education Classes and Support Groups

Ongoing *Active Parenting*, *Active Parenting of Teens*, *Positive Discipline* and other classes for parents of K-12. Scholarships available as needed for class fees

# Help Finding Community Resources

We'll help you find the resources you need for your family

For more information or to schedule an appointment,

**Call Susan Holt at the Irvine Family Resource Center at 949-936-7502 – Monday-Thursday**  
on the campus of Creekside Education Center – corner of Harvard and Barranca

