

Helping the Behaviorally Challenging Child With Difficult-to-Manage Behaviors

Parenting, Teaching and Treating Children, Teens & Young Adults with Difficult-to-Manage Behaviors

4-Thursday Nights

June 4, 11, (skip 18th) 25, & July 2, 2015

7:00PM – 9:00PM

Location:

UPofSoCal Training Center
17802 Irvine Blvd, Suite #123
Tustin, CA 92780

Instructor:

Debra Ann Afarian
Collaborative Problem Solving Educator,
Behavior Coach & Certified Think:Kids Mentor

Registration:

RSVP ASAP to: (714) 695-1057 or dafarian@upofsocial.com or ADHDmeeting@pacbell.net

Limited to 15 participants. \$150 per attendee, \$250 for two

This is a blended course, which includes emails, links, a binder and one-hour consultation.

Adult-Child power struggles can leave both parties frustrated with adults wondering how it could have gone differently. Collaborative Problem Solving (CPS) offers a new way to understand and help ALL children, regardless of a diagnosis, and especially those with difficult-to-manage behaviors, which usually come with a diagnosis. CPS is an evidence-based approach which will help give you insight into what might be getting in the way for children with behavioral challenges, while you learn about how to teach to the lagging skills. Learn how to Educate, Parent and Treat children with difficult-to-manage behaviors in a whole new way.

As described in the book *“Treating Explosive Kids: The Collaborative Problem Solving Method”*, by Dr. Stuart Ablon & Dr. Ross Greene this Overview will give you an introduction on how to improve adult-child communication. If the token economy, sticker chart, reward & punishment implementation are not helping with low-frustration tolerance, flexibility, impulsivity, risk-taking behaviors and problem solving this Overview is for you!

Collaborative Problem Solving gave me the confidence and tools to address my daughter's behaviors while modifying my own as well. I highly recommend Collaborative Problem Solving to anyone that is having challenging issues with their child. It's an incredibly empowering experience, and I am so grateful!”

~Katie Tarantino

Having children is a blessing, having a challenged child is a challenge! My wife and I took the course on Helping the Behaviorally Challenging Child and it completely changed our attitude. Our son has been through years of therapy including OT, PT, speech, social skills, neurofeedback and psychotherapy. He has been on several different medications with minimal benefit. Transitions, decisions, social interactions and family activities were torture due to his lack of understanding event planning. After taking this course we recognized that discipline, demanding and scheduling our son was not an effective way to deal with his behavior issues. We have learned to control our emotions and our son's ability to transition, making family activities pleasurable. With less yelling we have a more pleasant household, a happier child and we are better parents.

~Dr. Kenneth, M.D.

Think:Kids
RETHINKING CHALLENGING KIDS