

IRVINE FAMILY RESOURCE CENTER

Supporting Safe Schools and Healthy Students

Located on the Creekside Education center campus in Irvine, California, the Irvine Family Resource Center is a friendly, caring place for students, families, school staff, and community members. Our staff can provide information, counseling, parent education and support and referrals and access to various services for Irvine Unified School District students of all ages and their families.

Our goal is to provide students and their families the opportunity to develop skills for healthy living. Nearly all of our services are either free or low cost to students and families, and if we don't offer a particular service you are interested in, we can help you find it.

Family and student counseling services are available at the Irvine Family Resource Center and on all IUSD campuses. For more information regarding services of the IFRC call:

(949) 936-7502

Services provided by the IFRC include:

- Short-term, solution-focused individual and family counseling
- Student substance abuse intervention support
- Support for increased school attendance (SARB)
- Basic-needs support referrals (food, utility and/or rent assistance)
- Crisis intervention and management
- Referrals to community agencies and programs
- Parent Education opportunities – Positive Discipline skills
- Anger Management counseling and support
- Strategies for enhanced school support
- Project Success referrals
- Mental health assessment, referrals and support

Irvine Family Resource Center Goals:

- Support students and families in their choices toward a healthy and safe lifestyle.
- Increase resilience and asset development among students and families that may help prevent substance abuse and/or violence.
- Decrease incidence and prevalence of alcohol, tobacco and other drug use.

The Irvine Family Resource Center is committed to participating with community partners. As a proud member of the **Irvine Prevention Coalition**, we believe that resources for students and families exist in our community. It is our goal to help connect students and families with the people, agencies, and organizations that can help. Services provided by the IFRC are confidential and our collaborating partners are working together with us to make these services available to all students and families in Irvine. **The Irvine Prevention Coalition Referral Line** is (949) 337-5309 or, visit our web site at www.irvinepreventioncoalition.org

Our collaborating partners at the IFRC include:

- Community Service Programs, Inc.
- Community Services Department, City of Irvine
- Families Forward
- Human Options
- Irvine Police Department
- Orange County Health Care Agency
- Orange County Probation
- Orange County Social Services Agency
- FOR Families

