

MENTAL HEALTH SERVICES IN IUSD

**Guidance Resources Department
Melissa Di Scala
Coordinator, Mental Health/Crisis/504**

MENTAL HEALTH FACTS

- 20% of school age students experience mental health issues
- Approximately 5-9% of them will require extensive support
- Most of these students do not receive the support they need
- Those who do, receive these services at the school site
- Increase in suicide rates among students
- Increase in student anxiety-related disorders

BEST PRACTICES

**Prevention
and
Intervention**

PREVENTION AND INTERVENTION IN IUSD



CRISIS RESPONSE TEAM

- Team development
- Provide support across the district
- Collaboration with other districts



MENTAL HEALTH COLLABORATIVE (MHC)

- District stakeholders are convening to assess mental health needs in IUSD
- The MHC has identified these four areas of need:
 - **personnel resources**
 - **material resources**
 - **professional learning**
 - **collaboration**

COMPARISON DATA

School District	Student Population	Number of elementary school counselors	Number of secondary school counselors	Number of school psychologists	Number of counseling para-professionals	Number of therapists for gen ed students (LCSW/LMFT)	Number of therapists for special ed students (LCSW/LMFT)	Ratio
Capistrano USD	53,785	0	12	39	0	6 (contracted part-time - non-employee)		71/927
Tustin USD	24,000	2	22	21	2	3		51/436
Santa Ana USD	56,000	0	53	48	0	51 (contracted part time - non-employee)	30 (contracted part time - non-employee)	1/554
Newport -Mesa USD	21,800	0	27	25	0	0		21/403
Garden Grove USD	47,960	0	46	30	0	0	This service is contracted w/comm agencies	1/286
Orange USD	28,000	7	29	20	0	0		41/466
Anaheim City SD (elementary only)	19,300	5	N/A	21	0	3 (interns contracted - non-employee)		01/742
Placentia-Yorba Linda USD	25,092	0	20	27	0	0		01/533
Brea USD	6,000	0	7	6	0	0		01/461
Irvine USD	30,000	0	33	35	15	1		41/344
Huntington Beach HSD (high school only)	16,000	N/A	6	7	0	7		41/666

COMPARISON DATA AT A GLANCE

School District	Ratio
Orange	1/466
Anaheim City (ES)	1/742
Placentia-Yorba Linda	1/533
Brea	1/461
Irvine	1/344
Huntington Beach (HS)	1/666

School District	Ratio
Capistrano	1/927
Tustin	1/436
Santa Ana	1/554
Newport -Mesa	1/403
Garden Grove	1/286

COORDINATOR OF MENTAL HEALTH FOCUS AREAS

Mental Health	Crisis Intervention	Section 504
<ul style="list-style-type: none">• Mental health consultation• Student mental health evaluation• Mental health professional learning• Develop protocols around mental health support for students	<ul style="list-style-type: none">• School site support post-crisis• Crisis consultation• Coordinate care of students, families and staff	<ul style="list-style-type: none">• 504 Plan professional development.• District 504 Compliance officer.• 504 Consultation and support to sites

QUESTIONS?

